

# My Relationship My Pride

Before you begin your journey to relationship and marriage, bear this on mind

No matter how deeply someone loves you, times will come when they will need themselves more than they need you. They might need to be alone for a while and it would seem that they don't want you or the relationship any longer. But this is when if you genuinely love them, you must stand by them and support them while giving them space, as they evaluate themselves to understand the essence of their existence and their journey so far in the solitude of their minds.

Most people are never happy to hear about happy relationships and marriages. It's the sad reality of the world we live in today. This is why if you're wise, you must protect your partner and your relationship. Anyone who can influence your decisions by way of advice can destroy your relationship. Be careful who you carry your relationship issues to. And to my dear sisters, there is no connection between beauty and destiny. Give yourself sense if your man is trying his best. Everyone is going through some difficulty that you may not understand. Don't because of greed and your desire to measure up to the illusion of happiness that your mates and friends display on social media, lose an amazing person whose only priority is to please you, make you happy and help you fulfil destiny. It is good to have aspirations and dreams. But in whatever you do, do not negate the unique circumstances of your life. Live life to please yourself first. Be selfish about how you love yourself because no one, no matter how deeply they love you, can ever choose you over themselves. And learn to live within your means, so you can experience extraordinary peace. I have been in the world long enough to know that no one has it all. Forget what you see on the outside.

Until you understand that relationship is about

fulfilment of purpose, you will keep falling in love with, and dating the wrong people.

Love and feelings are not enough for you to take a relationship seriously. The both of you have to be going the same way. 5 years from now, 10 years from now, where do you see yourselves?

What do you think you would have achieved in that period? If you can't answer these questions, you're dating the wrong person.

Sadness is infectious. If you're around a person who's always sad, you'll soon discover that you're always sad. Energy is contagious. If you want to be happy, motivated and excited always, you have no business being around people who're always negative, always letting their circumstances weigh them down and always never seeing the positive side of life.

There is one rule of happiness that many people ignore or are ignorant of; you're not responsible for anyone's happiness and nobody is responsible for your happiness. Your happiness must come from within for it to last.

Life's problems and challenges don't go away.

There is no escaping it until we die. Everyone must find their own happiness by themselves and live with it.

In the light of this, HAPPINESS IS A PERSONAL RESPONSIBILITY. putting the key to your happiness in another person's pocket is only but a journey of first class misery, of a life time.

Whenever you are invited or called upon for that dinner date, it is not a an ideal time to order a plate of "Agidi-Versace" or that unknown international dish you have been craving for, which you have never tasted, unless you have been acquaintances and you know the financial strength of who you are with.

A date is a platform to know whom you are dealing with and not a feeding/poverty alleviation program where you order "take away" for your village people.

We know there is hunger in the land but give yourself some class.

Until a person has declared their intentions and their actions are consistent with their words over a prolonged period of time, don't assume you're in a committed relationship or commit to the relationship to avoid stories that touch.

Many people easily get carried away nowadays. One plate of fish, goat, beef, chicken pepper soup and a bottle of beer/wine and they're in love. Two outings in exotic locations and they're in love. Three rounds of hot sex and they're in love. Few random acts of kindness and they're in love. Buy them a few gifts and they're in love. If this sounds like you, you're a confused person who has yet to come to terms with the reality of who they are, let alone what they need and deserve in life.

When your life choices are guided by values, you look out for substance not side attractions. There are things that won't impress you and people you won't be endeared to no matter how physically appealing they may be or what they do or gift to you.

If you cannot go on dates with the opposite sex without being carried away by their splendor and charisma, because you know that the person in your life is everything you need, you're not ready for a serious relationship, and quite frankly, you have not reached a point of emotional maturity and stability. If you're someone like that, getting married to you is an emotional risk. If you know what you need and deserve in life, not everything will move you.

Don't look for what you're not or expect to find who you're not.

If you're a yahoo guy, expect to find a yahoo girl.

If you are a cheat, expect to end up with a cheat.

If you're a conning and deceitful person, expect to end up with your kind.

What you are and the values you project ultimately attracts and determines who you end up with. Only in very rare circumstances will you find an exception.

Before you start looking for a God-fearing person to marry, make sure you're God-fearing.

The idea that God will give His well-bred, thoroughly-drilled child — who has committed their

life to Him from childhood — to you, so you can destroy, is both false and misleading. You will marry your kind.

We may not know the real you. People may not know the things you do, are doing or have done in the past. You might have successfully lived a deceitful life. You may be thinking you're smart and can run away from the consequences of your actions and choices.

But scripture says;

“BE NOT DECEIVED; GOD IS NOT MOCKED: FOR WHATSOEVER A MAN SOWETH, THAT SHALL HE ALSO REAP.”

This ancient admonition is simple and direct and there is no margin for error in interpretation.

After the age of 25, love shouldn't be about feelings for anyone. Love should be a choice you make based on the plans you have and the destination you hope to arrive at by the time your life hits peak level. It is very important for people to know this. If you know this, there are steps you'll not ignore in your search for a life partner. These steps are as follows:

- i) Who am I? Until you have figured out who you are, you will never be able to know who your kind of partner is or why you even need a partner. Most people go into a relationship because of loneliness and pressure. People say, you'll soon be hitting 30, if you don't get married before 30, you won't find a man. Nobody asks about your dreams. Nobody asks about your happiness. Nobody cares about how the man you'll marry will help you fulfil purpose. These are things only you can look out for in your partner.
- ii) Why am I here? Your existence on earth is not by accident. Surely, there is a purpose why God put you here. If you don't figure this purpose out, what it means is that you're going to be locked in marriage with someone who is as confused about their purpose on earth as you are, which means that the chances of your marriage working out is very slim. It will be like the rat-race.
- iii) what are those things I don't like about my partner, that I admit I may not be able to change, but I am prepared to live with?

Love rarely changes the very nature of people. People always remain who they are, no matter how deeply you love a person, you can't change their nature. People often think of love as a magic wand. But this isn't true. Qualities such as anger, kindness, compassion, the way someone reasons, how they approach issues, personality type, etc, are inborn. They cannot be changed. Understanding this fact will help you not to waste your time with the wrong partner.

iv) will s/he be a good father/mother?

This is one very important question that very few people ask before marriage. There is a difference between a good husband and a good father. Or a good wife and a good mother. People can be good partners but bad parents to their kids. Don't assume that just because s/he's romantic to you, s/he will be a good parent to their kids. There's nothing romantic in the responsibilities that come with raising responsible kids. If you're looking at your partner as a partner in building and not just a wife, you'll realise that qualities such as broad shoulders, big ass, firm boobs, pointed nose, big dick, and six packs mean absolutely nothing in the grand scheme of things. No child has ever said or will ever say they don't like their mom or dad because they are short, their breast is flat, their chest is not broad, etc. These things are skin deep.

Everything that fades away with time cannot hold a marriage together. You need to have a rethink about your life.

Don't let your being single get to you. Don't let people pressure you into starting a relationship with just anyone. Out of a million people, if you know who you are and where you are going to, you may not find your partner among them and that's perfectly okay. Worry more about your assignment on this earth than about your relationship status.

Communicating and explaining things eliminates the room for assumption and builds trust between partners. If you care and have nothing to hide, explaining things until your partner understands you well enough shouldn't be a problem to you. "The so you don't trust me?" line is as old as it is manipulative.

Answer questions when asked and speak to people

when they demand an explanation. Stop pretending to be mature by dodging questions because that's witchcraft. Avoid people who refuse to communicate and explain things to you in a relationship for your mental health.

If someone you're in a relationship with doesn't seem to care about how their actions and deeds might have hurt your feelings, by refusing to clear the air, they can kill you. Don't trivialise anything that messes with your mental health, emotions and your peace.

Treat everyone who tempers with those three as a murder suspect, and you will live a long, healthy and fulfilling life.

The worst possible thing that can happen to any relationship is for partners to second-guess each other due to a break-down in or lack of communication.

It's true that talking about issues could be exhausting, especially if your partner is someone who doesn't listen or someone who doesn't put in the efforts to change things.

But I have to say this: If your relationship has gotten to that point where you no longer communicate your feelings to each other, because you think that doing so is a waste of time. Please, quit it. It's better to liberate yourself from the emotional, psychological and mental torture than to remain stuck in it, because surely, what you have going is not a relationship.

It's perpetual suffering.

If someone has hurt your feelings in the past and is trying to make peace with you now in order to make a comeback, there are certain elements in their apology that will show that their apology is genuine and that they might have turned a new leaf.

A sincere apology must be accompanied with the following elements:

- i) taking full responsibility for the actions you took which hurt their feelings
- ii) admitting that your actions deeply hurt their feelings
- iii) explaining why you did what you did that hurt their feelings

iv) why you now want to reconcile  
v) and an assurance that the things for which you're now apologising for will never repeat themselves in the future.

Any apology devoid of those 5 elements is FAKE. It is important for you know these things because you might not survive their next hurt.

A person who does not do i-v has not changed.  
Don't let your emotions trick you back to them

It's okay to be angry. What's not okay is to say terrible words to someone you care about; words that you can't take back and may have to apologise for because you're angry.

You shouldn't let anger control you. Always be in charge of your emotions. Anger is a natural emotion. It could be necessary to express anger sometimes. But when anger cannot be tamed, it can destroy your life.

The enemy is always within. But know this, what the enemy doesn't know, they can't destroy. You don't have to reply to every question. You don't have to discuss your plans, life and relationship with everyone especially older people. Don't fall into the enemy's trap because you want to come off as someone who is respectful. The majority of people you will open up to about your problems and challenges actually don't give a hoot about you. They just want to know what you're going through or the stage you're at in life so they can have a topic to gossip about or strategize on how to ruin your plans. Normalise telling nosy people: "That's my personal life. You don't have the right to ask me that question." Normalise saying, "I don't feel comfortable discussing this with you." Normalise saying, "I don't want to talk about this." There's one thing the devil cannot do — read your mind. The enemy depends on what you say and your body language to be able to predict your next move. This means that the less people know about your issues and plans, the better your chances of surmounting/ succeeding (at) them.

As you grow older and mature in life, you must understand that protecting your life and destiny are more important than holding onto friendships or being in a relationship that does not add any value to your life. People will have to go. Some

relationships must come to an end for you to transit to the next level. Stop wondering why all of a sudden you feel the need to cut off from certain people. That's your spirit man speaking to you.

Listen.

Stop wondering why the energy you're getting is negative. Our relationship with people is always evolving and changing, because we are never alone and we were not created to stay grounded.

Learn to keep your secrets to yourself if you want to live a long and happy life in this world. Sad moments will come and go. Trying moments will come and go. You'll outgrow your mistakes with time.

You'll evolve and become a better person with age. What does not go away are secrets you've divulged to people. It is not a smart move to give the keys to your life to other people, and live out the rest of your life praying and hoping that they do not destroy you.

Secrets are an essential aspect of maturity. Some things must remain with you, no matter how they hurt, and follow you to the grave. This is how dynasties are preserved.



## Five vital element of life

1. Life.
2. Sound health of body and mind.
3. Food.
4. Shelter.
5. Peace of mind.

Those are the most important things in life. Every other thing is a bonus. Many people complicate their lives because they do not realise how blessed they are to have all of the above.

Each time you're tempted by the devil to be ungrateful, remind yourself that where you presently are someone's prayer point. Don't let people push you into doing things you normally wouldn't do just to measure up. Understand that your life is constantly changing and evolving and you're never at same spot, even it seems that things are not working for you.

Protect what you have and your peace of mind. All

that glitters is not gold.

You can't run away from pain, especially one being inflicted by family. What you can do is build a wall around them. So that whatever they throw at you bounces off and vanishes like smoke into the thin air. Because you can't change your family and no matter how far you run, family will always be a part of your life.

There is a tiny place called happiness  
It lives in your heart, it is within you.

## NOTE

There's a common evil that is not being given the attention it deserves.

As a parent, older sibling, relative or friend, please stop asking people to leave someone they love or to break a relationship they're in because you don't like the person. These are people's lives and destinies for God's sake. What worked for you might not work for them.

Restrict your role in people's lives to that of an advisor and a guardian. Teach them values to look out for in a spouse and explain to them why it is so important that their spouse possess these values and attributes. Explain to them the opportunities inherent in a course you'd like them to study at tertiary level and let them decide what they'd rather study.

Trust their judgement and give them maximum support. That is your only role in the life of a loved one. You don't want bitter adults blaming how their life turned out on you.

No matter what you do, people will turn out to be what they'll turn out to be. This is why good parents have kids who turn out being bad adults. This is why teachers have students who turn out to be criminals. People will turn out to be who they'll be, but no matter what they turn out to be, they'll never forget the impact you had on their lives, the liberty

they had to make their own choices and they'll never blame how they turned out on you. This, alone, is great success.

Don't delude yourself. Life is a competition and you have enemies. Understanding these two basic facts of life will help you to always be fully prepared, deliberate and strategic about your plan of action. There are people who will not rest until you fail. There are those who'll not rest until you die. There are people whom, as long as they are alive, will ensure that you never experience peace. What makes these people happy is what makes you sad. Your failures triggers their excitement. These things didn't start today. The world has always been like this. Scripture is replete with stories and examples of how great men and women fell to or defeated their enemies.

A person who says they do not have enemies is a fool who is not ready for this world. There are two basic realities of life — everyone having enemies is number one — everyone realising that they must succeed or defeat their enemies is number two. Throughout your life, you'll be fighting against forces that are unbent in their resolve to destroy your destiny or kill you — and that's what makes life a competition.

You need to understand how this life works to survive it. Every single day, and in whatever you do, you must have your enemies in mind. Their resistance and opposition can be the catalyst you need to attain greatness, if you channel your energy positively. Refuse to live a carefree life.

If they have to know what you do before they respect you, they do not respect you. They respect what they'll gain from what you do. There are no special qualities or abilities a person must possess to command respect. You respect people simply because they're human.

Don't be comfortable with someone doing/giving the bare minimum to keep you in their life. You deserve love, you deserve attention, you deserve care, you deserve to be listened to and treated like a jewel and you deserve complete loyalty.

# Are you a lover or a fool

Many persons don't know that they can be victims of toxicity and abuse without realising it.

So, let me help you with that.

This person you're dating now, at what point are you going to have enough of their bullshit, say enough is enough and call it quits? What can they do to make you end the relationship and bid them farewell?

If you haven't ever thought of that, I want you to do that now and come up with an answer.

If your answers to the above is, "Nothing." You're a victim of abuse and you're in a toxic relationship. No matter how deeply you love someone, there should be boundaries to protect your sanity. There should be lines that when crossed, should incur dire consequences. If your relationship isn't like this, you'll find it difficult to let go of toxic and abusive relationships and you'll have a hard time healing from heartbreak and disconnection.

Let me give you an analogy that would help you understand my points clearly.

Would you sit and gleefully watch someone storm into your family house and beat up your parents, because you're naturally a calm person or wo/man of peace who doesn't like to make trouble?

If YES, you're a fool. And if NO, this is how it should be in every healthy relationship.

You're a person of worth. Until you make people realise that, they can never treat you with the respect you deserve.

No person, no matter how close they are to your heart, should get away with everything they do to you. You're a lover not a fool.

Good afternoon beloved fans

It's a symptom of mental illness to keep loving someone who perpetually puts you down and uses every opportunity they get to hurt your feelings. You're not in love. You're wallowing in stupidity. Love doesn't hurt you. Love heals you.

Be wary of persons who were not part of your lows, but now want to be part of your highs, especially when it's at the expense of those who were part of your lows. Loyalty and faithfulness are not easy to come by in our time. They may be in your current class. But have they got your back? They may be showing you the best ways to enjoy a lavish lifestyle. But will they be there with you to endure difficult times?

Never let yourself be lost in the moment. Nothing is permanent in life. While thinking about the positives, also consider the negatives. Life is in circles.

Absolutely no man needs to date you for years to know if you're marriageable or not. Men almost certainly know what they want from a woman even before they approach her.

My advice to ladies looking to find life partners is this: always be yourself. Make sure you're happy and enjoying the relationship and not pretending so as to please the man you're dating.

If it's not you, it's not you and there's absolutely nothing you can do about it. It's not about you. It's about him and where he's placed you in his heart. Stop stressing it.

Everyday cannot be a happy, peaceful and stress-free day. What becomes of your life ultimately depends on how you manage your messy days. You will make the most important decisions of your life on your sad days.- NEVER let feelings and emotions rule you.

## NOTE

That spirit that makes you to hate people you don't know; people who have no business with you; people who have never offended you in any way; people who don't know about your existence; that spirit that makes you restless and gives you sleepless nights over clothes that people wear that

you didn't buy for them; that spirit that makes you to bother about who someone is in a relationship with and the kind of food they eat.

Is the spirit of witchcraft.

You're evil.

Stop being evil and watch you life turn around for good.

If you're dating a jealous partner, it's common sense not to tell them things that you know will get them worked up. As odd as this may sound, not every partner will be their lover's best friend. Don't force it.

## HEARTBREAK AND HEALING

Any person who is able to move on within weeks of breaking up with their partner, either never truly loved their partner or they were cheating all along.

This is the truth.

Don't let anyone make you feel like an idiot for being deeply broken and hurting after a break up.

If you truly loved the person, healing takes time.

When I say time, I mean months, even years, for some people.

People who tell you that moving on is so easy; that they were there before, and that they moved on within one week of breaking up with their ex are not telling you the true story.

They were never there.

They never experienced the depth of true and genuine undiluted love.

There is a world of difference between keeping someone on the fringes, as your retirement plan, in hope that when you've "chopped life taya" you can go and marry them.

And actually devoting the whole of yourself to loving one person, hoping you'd be good enough for them and doing all the mumu-mumu things that people in love do for those they're in love with, for a prolonged period of time.

When the former breaks up with you, it will hurt a bit, only because your evil plan didn't work; only

because God rescued them from your hands. It is a case of, "I like am sha... but life goes on."

You go to one of your many side chicks and side hens for good knacks, after which the memories of your ex is committed to distant memory within one week or thereabouts. You were never in love. You were a player who got played. It is the truth.

When the latter breaks up with you, it will hurt your soul, because you know that your love was genuine. You know that you could have given an arm and a leg to ensure you both worked out. You wonder why you were never good enough for them. You begin to question why you're inadequate for them. You question your sanity. You look out for their next partner to see what's so special about them and how much of an upgrade they are over you. And because you won't find the answers you are seeking, it will hurt the more. It will drive you crazy and crazier.

It takes time before you realise it was them not you that lost. It takes time before you realise that they were never good enough for you. It takes time to realise that you deserve better and to begin to heal from the pain and the hurt.

Many people have never truly loved. They were just in a relationship for selfish reasons.

Those who gave everything for a relationship to work and got betrayed still wonder, even when they're married to someone else, why they were never good enough for their ex. Thinking about it still makes them sad. They still get occasionally broken.

Don't let people who have never walked in your shoes trivialise your experience.

If your love was genuine, the process of healing from a broken/failed relationship will take time. But surely, you will heal and come out of it the bigger winner, if you don't let bitterness and hatred becloud your heart.

...if you choose you over them and refuse to give them the power and pleasure of watching you suffer.

I was there.

I know.

Once might be a mistake.

But twice is a choice.

And third is certainly a lifestyle.

There's a difference between patience and wasting your time with someone.

No matter how deeply you love someone, it gets to the point where you must sit down and ask yourself if they're worth the stress, worth the pain, worth the time, worth the attention, worth the sleepless nights, worth the emotional and mental efforts you're investing on them.

It gets to a point that you must move on not because you've stopped loving them, but because you need to grow and you deserve to experience peace. It gets to the point when you must decide what is best for you, ALONE!

Because no one is going to choose you over themselves. Why choose someone else over you? Stop making excuses for how badly someone treats you.

It's gets to the point where you're the problem not them, because by not choosing yourself, you accept the reality of your predicament.

Everyone has power. The problem is, most people give their power to those they're emotionally tied to in the name of love. This is the mistake that most people make.

Love is not an excuse for you to make yourself vulnerable and look miserable.

Love is give and take, and there's always someone out there who'll treasure what you give and return it back to you with gladness in appreciation of how blessed they're to have you in their life.

Your destiny isn't tied to an idiot. Surely, that cannot be God's plan for your life.

People don't really change, they only become who they really are, because pretense isn't sustainable.

Redeem yourself.

Whatever isn't working for you is not for you.

It doesn't matter how many people it is working / has worked for.

You're unique. Do what works for you, even if no one understands or supports you.

If you ever want to enjoy love in your lifetime, you must learn not to generalise people coming your way based on your past experiences. Treat everyone as they are and give as much as you're receiving.



Believe that there's someone out there who was made for you and you alone and who'll love you until the end of time. This must be so because believe is a strong force in the fulfilment of Destiny. The thing about relationships is that none is perfect. You'll be the bigger loser and the biggest fool not to recognise when someone is making genuine efforts to be in your life, because someone you loved broke your heart in the past. What's the point of praying for a good man if deep down in your heart, you believe that you'll never find one? What's the point looking for a good man if you're a bad woman? If you want to enjoy love, put in the work it requires. I am not saying endure abuse. I am not saying act foolish just so a man can marry you. I am saying if someone is trying for you, you self try for the person. You don't see any efforts whatsoever at identifying and fixing the problems from ladies. You don't see ladies taking responsibility for their actions which might have hurt a man these days. It's just girls with over bloated ego and a sense of entitlement. This trend is worrisome. More worrisome is that some of these ones are also praying for and hoping to find a good man. Good afternoon beloved.

Whatever job you're qualified for, apply for it. Send your resume. Give it a shot. You never know. Quit having a defeatist mentality that just because you don't have connections in high places, you'll not get the job. You didn't create yourself. The one who put you here surely has a plan for you. God speaking in Jeremiah 29:11 says that: "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." It is God's plan for you to have hope and a future. But this can only happen under one condition. And that condition is that preparation must meet opportunity. This is why God speaking in Ecclesiastes 9:11 says that: "...the race is not to the swift, nor the battle to the strong, neither yet bread to the wise, nor yet riches to men of understanding, nor yet favour to men of

skill; but time and chance happeneth to them all.”  
Any day may be your time, but if you're not taking your chance, you'll never encounter a breakthrough in life.

To be able to fulfil destiny, you need to understand how God works.

I do not know about you. But as for me,  
“..it is for this reason that I suffer these things. But I am still full of confidence, because I know whom I have trusted, and I am sure that he is able to keep safe until that Day what he has entrusted to me.” - 2 Timothy 1:12

Some persons are more interested in impressing than living.

Some persons are more interested in being with a partner that they can show off than being in a relationship that is actually working and in which they're truly happy.

Some persons are more interested in “what will people say?” ...than their peace of mind and happiness.

Some persons are more interested in being religious and sanctimonious than living a truly conscious and holy life.

Some persons are more interested in what their parents and church people would say and think, than how they feel and are experiencing.

Oh,

If only you'll realise how fickle and short life is.

Your commitment to your happiness and peace of mind would be absolute and unflinching.

The longevity of your relationship and friendship with someone is inconsequential when your peace of mind is being threatened.

When it's time to move, you must move.

Irrespective of whether or not a relationship will lead to marriage, be honest with and fair to the person you're dating.

They may not value you now. They may even take you for a fool. But one day, they will remember you. And they will realise that it was themselves that they had fooled all the while.

People with good intentions and pure hearts may go through difficult and trying times, but they're never defeated.

No matter how much you are loved, no one wants to constantly identify with mediocrity. It is the reason people are more interested in you when things start looking great. But the question is, who was born to nurse mediocrity into awesomeness? And who decides what isn't mediocrity? Live your truth and seek constant improvement, whether you make it or not. That you're not who you were yesterday but an advanced self is enough to keep winning.

You can't tap into a person's grace without following the blueprint of what they've done to become successful or get to the level they are. If it were just by tapping, all of you who have tapped people's fancy cars and prayed to own cars would be car owners by now.

The idea that you can become successful and encounter breakthrough by praying and doing absolutely nothing to change your situation is both criminal and misleading. During the crossover service, the man of God ministering declared that none of us will die or experience suffering in 2022 and many shouted "Amen!" But that is a lie. Some members will die. Many others will suffer illnesses and financial hardships, because it's a natural order of things.

More importantly, you can't entirely abdicate man of the role he is meant to play to become successful in life and expect him to become successful.

There is always a process of pain before a prize is won. When next you see a person's glory, ask for their story.

## As a man you must know this;

A woman who runs away from her man to be with you, will also run away from you to be with another man. This is common sense.

Stay away from another man's wife. Another man's wife is a no go zone.

No matter how much she slanders her man, the fact that they are still living together must tell you something.

Stay away from another man's wife. You will be

killed and buried by the bank of a river like a skunk then we shall use you as an example of "how not to be a man".

Keep off. Even if she is as beautiful as Monalisa or even if she is as attractive as a star, or as succulent as a berry, stay away. You will be killed and we shall use you as a lesson to the rest.

Even the weakest man will subdue you and beat you to death then your body will be buried like a skunk at the banks of your village river.

A man who is killed for sleeping with another man's wife is buried like a thief.

His body is hurriedly interred at the banks of a river in the morning. Mourners leave very fast without looking behind! You are a disgrace who deserve no honour. Don't fall for the trap of married women.

Respect yourself and value your life.

Also, stay away from another man's baby mama.

Their disagreement is temporary.

They are having sex behind your back while you think they are discussing their child's welfare.

A lot of toxic people are looking for who will love them for who they are, without any desire to work on their toxic character traits and become better individuals, and that's where the problem lies. Being a good person has got absolutely nothing to do with being a religious person and posting motivational quotes and bible verses every morning on your Facebook and WhatsApp status. The real questions are: How do you treat people around you? Do you apologise for hurting people's feelings or you just carry on like nothing happened because according to your yeye mentality, "What will be will be." A toxic person doesn't believe that they ever hurt people. They're the only ones who are always being hurt. A lot of people have lost good friends and genuine life partners because of their idiotic mentality that there is a perfect someone out there for them; a perfect person who'll tolerate and learn to live with their toxicity.

Women who make remarks such as: "My head dey touch." "Ah no well." "Ah dey craze o." "I am looking for a man that'll tolerate my madness," etc, are toxic women. You can never be happy with women like this in your life.

What makes you human is the ability to recollect

the activities of the day, analyse it objectively to see whether there are things you might have done wrongly before saying your prayers and going to bed. Did I hurt this person? Did I overreact? Was I wrong? Am I being too possessive? Am I worried for nothing? Is this the rational thing to do at this moment? Am I stressing this man? Am I draining him out? Can I take what I am dishing out to this woman? Am I getting worked up over nothing? Is this relationship God's will for me? Is this friendship or relationship beginning to affect my mental health?

Any human being who doesn't ask questions like this on a daily basis is a goat.

Sane people know that certain decisions will hurt their feelings. But they take these decisions anyway, because it's in their best long-term interest. Insane people who are prisoners of their emotions don't know this.

A clear example of insanity is refusing to leave a man who has never spoken about marriage in over 3 years of your relationship with him, because he's kind and bought Shawarma for you the first time you met six years ago. Or because he is cute and has a big penis. You people will be well .

## What women think attract men for marriage:

- Her career
- Her money
- Her clothes
- Her car
- Her borrowed American English accent

What actually attract men for marriage,

- Sexual purity.
- Respect.
- Submission.
- Discipleship.
- Peace of mind.

Aspects of a high value woman:

- She dresses decently
- She doesn't drink alcohol
- She upholds family virtues
- She doesn't have tattoos
- She can manage finances well

- She has respect and dignity
- She appreciates your efforts
- She does not demean her ex-boyfriend, "My ex-boyfriend abused me, my ex-boyfriend was a tyrant"
- She doesn't post half naked photos on Instagram and tiktok.
- Her phone password is not like a chemical formula
- She is not someone's baby mama
- She is feminine
- She doesn't chew food like a cow chewing cud
- She doesn't laugh like a ghost or a devil.

## One Reason to Marry and the many Reasons Not to marry:

One major mistake young and older people make these days as regards marriage is that they marry for the wrong reasons.

Research has shown that marriages that end under 6 months and up to 24 months after they have been contracted are as a result of "wrong reason" rather than "wrong person."

Ultimately, no one can be described as the "wrong person for another person" unless we assume that one is the right person and the other is the wrong person; thus "wrong person to right person" won't work.

But it is not necessarily so because, a "wrong person" married to a "right person" has a higher propensity to work or last a little longer than two "wrong persons" and two "right persons" marrying each other.

But let's leave the scholarship of the subject for now and focus on the social aspects because, this is where the point of departure points to "Wrong reasons" and "right Reasons."

There is a right reason for marriage and there are many wrong reasons for marriage.

For example, if you go and marry someone with whom you should have had just "one night stand", that marriage would end within months. Araa akwuo has its place in the meeting of a man and a woman; don't stretch it beyond that or you will have stories to tell for the rest of your life.

Further, if you married someone because they helped you in life, that marriage would most likely be doomed before it gets started; especially when you no longer have any help to offer.

If you married because you feel you are of age, or that age is no longer on your side or because you are pregnant, etc., the probability of divorce or unhappy marriage becomes rooted from day one because signs of desperation will ruin the joy.

If you married someone because the person will take you abroad, you will have married your "travel agent." When you arrive at your destination, you will come to see no further need for the marriage.

If you married someone because they have a good job, you will have married for "financial security."

Any day he or she loses that job, the marriage will begin to struggle.

If you married someone because they are generous and "not stingy" and because they spend on you, it means you are marrying your philanthropist.

Any day he or she stops paying, you will begin to resent them.

If you married someone because they started a business for you, you will have married your business lender. If you become financially independent and business is going well, their attraction to you will begin to reduce.

If you married someone because they are beautiful and well shaped, you will have married for your pleasure (but not for their own pleasure).

Any day "see finish" enter your eyes, you will begin to look elsewhere. Do not marry because she is too sweet or because she knows how to do it. No be you first see am. Besides, the beautiful ones are not yet born and that is why you will leave your super model wife at some point to sleep with your maid; just for one round o. So, where is the beauty you married for?

If you go and marry someone because of the size of their preek, have you tried Atiku? If you marry Ngozi because her Coconut dance is the best you have experienced. Well, have you met lhuoma who showed Ngozi the way to swing it for you. I am sure you want to try lhuoma too. If you married someone because they sent you to school and paid your school fees, you will have married your scholarship or academic sponsor. Once they graduate, your relevance to them is likely to end too. If you married someone because you want to start having children, you will have married a baby mama or baby father rather than a wife or a husband; and definitely not a companion.

That is when you will start hearing things like "I and the kids can do without you" or "I am staying because of the kids." Marrying under these conditions suggest some form of "quid pro quo" with no real connection or roots to sustain the marriage. Marriage is not an instrument of gratitude with which to express appreciation for a favour received.

That you paid someone's schools fees, brought them abroad, bought them a car, a house, or even giving them belle is not a reason to marry them. The reason to marry and remain married is because you have found a companion with whom you happen to share the same world view and with whom you are ready to construe life in a positive light to the benefit of your union with them.

In sum, from my own experience, the only reason you should marry anybody is for the simple reason that you Need a "Companion." The intention of marrying for companionship is to be with someone who compliments you and whose lifestyle, ideals, principles, visions, Hopes, aspirations match with yours.

One of the major reasons why people remain in an unhealthy relationship is "low self-esteem." People with low self-esteem also lack self-worth. They think: "if I leave this person, I won't find another like



them.”

From my experience, I can tell you that this is entirely false. There is always someone out there who's better and will do better than the person who doesn't treat you like their priority.

Everyone is not perfect but a healthy love should heal you, not cause you daily pain and sleepless nights of tears that drenches your pillow.

If you're out there wondering whether you're in a relationship or not, I am here to tell you that you're single and free — free to explore life to its fullest now that you're at the peak of your life.

One of the “wrongest” reasons why a lot of people remain in a toxic relationship is because of the promise of marriage.

But if your relationship is full of pain and sorrow, why exactly do you want to go ahead and marry that person? Why are you holding onto them like your life depends on them? These are the things I keep pondering...

Forever is from now till when you die. For some, their forever could come to an end as soon as tomorrow. For some, next year, for others first week of January.

Nothing is guaranteed in this life. The trick is to enjoy every bit of your time here — which means prioritising your peace of mind and happiness and putting yourself first at all times — until your chapter comes to an end.

This life is not as long as you think it is. It is fickle and full of struggles.

Start living now.

Avoid any woman who sees cooking for her man as a stressful job. If your woman isn't cooking for you, the chances that you will be happy in that relationship is very slim.

I agree that cooking is not a gender-specific skill. Men should know how to cook too. My point is that marrying a woman who sees cooking as a big deal is a red flag.

Many of you will not be in the relationship you're in if you begin to imagine your partner as not just a partner but a parent.

Do I want to be buying food from outside for my kids? Absolutely not.

Do I want a live-in house help? Absolutely not.

Do I want a family member living with us?

Absolutely not.

Even if we will consider having a help, it certainly wouldn't be in the early stages of our marriage, which in my opinion is 5 years.

A woman who sees cooking for you as a big deal will see cooking for her kids as a big deal. She will see prepping her kids for school early in the morning as a big deal. Before you know it, you are having misunderstandings about who is supposed to do some basic things that common sense should dictate in your marriage.

The madness that is ruining marriages in our generation has nothing to do with civilisation.

It is westernisation. It is Satan's agenda against the institution of marriage.

Luckily for you and me, we have a choice. Nobody can be in your life against your will.

Submission or drama and stress, the choice is yours.

If you like, keep pandering towards your emotions, remain in a relationship you very much know you're not supposed to be in to please your spiritual father.

Don't leave because of what people will say.

Keep enduring the pain and agony that comes with being with a toxic partner because of your parents and to please your in-laws.

Nothing concerned us.

And some of us are not that bad.

The world will make you believe that there are no faithful partners. It will tell you that marriage is a scam. It will paint a picture of single people living happy lives. The world celebrates divorce more than it does happy marriages. Perhaps you've been in a couple of bad relationships. Maybe you haven't been lucky in the past.

I am here to tell you this:

no matter what you've been through in life, if you don't believe the testimony of the enemy, one day, you'll experience a breakthrough. Everyone's story is not your story. Everyone's reality might not be

yours. Picture how you want your life to be, table it before the one who created you, and watch it come to life.

A man wants to be happy and be 100% sure about where he stands in life and in his woman's life before he marries her.

Don't disturb a man with marriage talks. He knows what he is doing. If he's not talking to you about marriage, it's because he doesn't want to get married to you for a number of factors, which he might not be willing to tell you, or which he might have discussed with you countless times but you have refused to change or adjust to fit into his picture of a wife.

Women always think it's all about sex for men. But it is not. No man wants to feel pressured into doing things he is not prepared to do. Forget the rubbish they feed you with on social media. 90 percent of men will not marry you if you're not submissive and respectful to them. How you relate with his friends and family matters. How you talk to him and manage your anger matters. The level of your jealousy can put him off. I hear some people say they can't marry men whose mothers are still alive. Maybe you will be lucky to find a simp who will settle for you. But real men like us will avoid you like the plague.

Unless you're the one that will marry your husband, submission is a must for the African man. Unless of course you want to remain single and keep whining like the bitter and unhappy women who call themselves feminists. I think we have been pretending about these things for too long.

## Take notes

No matter how upset you are, don't threaten your partner with a break up unless you mean it. Focus your anger on what they've done without bringing up the threat of a break up. No relationship is without its ups and downs. Don't let anyone deceive you. You will quarrel and you will fight. You will have sad days; you will disagree some days and not find

a common ground over some issues. Compromises don't always happen. These are normal things in a healthy relationship.

The key to a lasting relationship is being with someone you can actually communicate your feelings to and have a solutions-based approach towards conversations; someone who doesn't just communicate, but reciprocates the energy you give to them. Someone who always bares their mind and accumulate pent-up anger. Someone who forgives easily and reverts to their default factory mode of playing and laughing. This is the key.

One mistake that causes unhappiness is that we judge people by our own good standards. The fact that you're nice doesn't mean everyone in your life will be nice to you.

The fact that you're quick to forgive people who've wronged you, doesn't mean the people in your life will be quick to forgive you.

The fact that you don't keep people in mind doesn't mean everyone in your life is like that.

The fact that you want the best for others and like to share opportunities with your circle, doesn't mean everyone in your life will be like you.

Understand how people are and treat them as they are. They are not you and will never be you.

Learn to protect yourself from hurt. Don't always be the person on the losing side, whom everyone says "sorry" to. Sometimes you need to do what you have to do to win. Pay attention to people's energy around you and respond in like manner.

If your man is having a hard time having or sustaining an erection, before you seek medical help, be sure you are not the cause.

The things you say to a man and how you act during sexual intercourse can affect his sexual performance. It is not always a medical condition. Sometimes it's a psychological condition.

The soothing words of a woman can transform the sexual performance of her man.

First make sure he is calm and happy. Sex is not a war. If you try something out and it doesn't work, be calm, wear a big smile and try again. If he's your man, his homo-erectus is not running away. Most women are responsible for killing their man's

sexual drive and they do this out of ignorance. Your man cums within two minutes, and without saying a word, you wear your clothes or turn your back on him, you have destroyed that man psychologically.

If he is disappointed at his performance, he doesn't need you to tell or show him how much less of a man he is by your words and actions. He needs you to lift his spirit up.

Call him sweet names. Face him and maintain eye contact. Hold his anaconda while sharing a gist with him. Tell him to relax and that you can always try again. If possible, stroke his homo-erectus while sharing a gist and acting seductively.

Once his mind is settled, he will be hard again and you can go again.

Contrary to what many women know, men have a fragile ego when it comes to sex.

A 2—minute man could be a monster waiting to be unleashed.

Every single man has that one moment when their anaconda disappoints and they need you to help them get it back up.

You don't lie there like a log of during sexual activity and expect magic to happen in your sex life.

The devil is only interested in one thing in a person's life — their relationship with God.

The devil doesn't care if you're rich. He doesn't care if you're famous. He doesn't care if you're beautiful or handsome. He doesn't care if you have the most beautiful kids. He doesn't care if your children are intelligent. The only thing he cares about is your relationship with God.

Every setback you'll experience in life will be geared towards altering your relationship with God.

This is why you have to be wiser than the serpent. When calamity befalls you, don't question God. Go to God.

You want to get married before the end of this year? Don't question God. Go to God.

Someone has said as long as they're alive, you won't fulfil your dreams or progress in this life. Don't question God. Go to God.

You're looking for a job that doesn't seem like it

would ever come. Don't question God, go to God.  
You know what's interesting about going to God?  
There is someone that is always disturbing your  
business? Don't question God. Go to God.  
Going to God is 3xreemly simple.  
God is accessible and everywhere.  
And the network access to Him never fluctuates.  
All you have to do is give Him 5 minutes of your  
time in Thanksgiving and prayer every morning.  
Thanksgiving before prayers. Not prayer before  
Thanksgiving.  
If you maintain this open communication channel  
with God for a week and you're still sad, suffering  
anxiety and feeling depressed, you're not serving the  
living God.  
Once the devil cannot alter your relationship with  
God, He can never stop you.

## SHE'S A GOLD DIGGER IF;

- immediate interest into what you do for a living & how much you make
- a sense of entitlement disguised as standards
- expensive tastes - restaurants, cars, locations
- arguments are only resolved with gifts
- compares you to other guys
- her desire to control YOUR financial situation
- lifestyle desires are often materialistic mainstream brands
- the relationship is often heavily skewed towards how money is going to be spent how she can make financial decisions
- sex is often given as a "reward" zero passion

parents didn't have much but they were happy.  
They stayed longer in marriages and lived longer  
and healthier lives. They promoted high moral  
values. They raised largely responsible kids who  
grew up to value dignity of labour. They raised you  
and me. You can't say same for this indomie  
generation. There must be a place of contentment  
in a person's strife for more. If you don't understand  
this, your entire existence will be tied to

inconsequential things.

You will keep amassing and hoarding material things and you will never be happy. You will get married to the wrong partner. You will live a conflicting and sad life. You will only realise late into your life that you chased the wrong things and prioritised the wrong things.

Anyone teaching you relationship without responsibility is misleading you.

Anyone preaching love to you that does not come with compromises is trying to destroy your life.

Don't feel disappointed when you see people ahead of you. Start enjoying where you are; you will never feel left behind.

In the journey of life, we all are walking at our own pace. We often look at those walking ahead and feel we have not achieved much in life. When we don't see worth in what we already have or where we are, we chase other people's dreams only to end up where they wanted to be. In the end, we find nothing but disappointment.

Appreciate what you have and where you are in your life. Make an effort to achieve your goals but don't feel disappointed if you are slow. It truly doesn't matter where you are in life; your journey is successful as long as you are happy.

If she demands much from you without coming up with investment plans to double your figures, you are being used.

When a woman loves you, she becomes a supportive pillar to make you, just as a good mother will do.

Unless you have performed every necessary rite to be called her husband, at no point in time should you be called "My provider who always comes through for me"

Invest in yourself always and focus on being a better you for the beautiful ones are not yet born.

She may manipulate you with words like; Stingy, Self-centered, or Selfish but it is fine because; ANY INVESTMENT IN "BIA-BIA BANK" gives no profit in return.

Dear Queens,

If he only sounds sweet to you in the arena of

penetration, you are being used.

Ask yourself, does he still sound sweet when the match is over and we have left the arena?

When a man genuinely loves you and believes you are loyal, you become his greatest source of happiness.

Unless you have become a wife, ignore words like "I have a project I am working on for now and my hands are tied, please give me a loan of so so and so"

Only support when you can, out of your spare cash, and not when you are pressured to.

If she has never posted your pictures on her social media handles

If she replies you with "Thank you dear (Same as she does to every comment)" but calls you Emperor, Sweetheart or My love via DM.

She would justify her reasons for not being a fan of Public Display of Affection (PDA) but the truth is:

You are just a pawn in her chess game and sooner or later your breakfast will be served with plenty of hot pepper.

Any woman who cannot celebrate you openly is not proud of you, you are an option in the midst of her numerous pawns. Every Queen celebrates her king because you bring her glory.

Refuse to be an option!

Refuse to be the hidden treasures of Bermuda Triangle!!

Never ever beg any woman to remain in your life if she wants to leave, especially if you're struggling financially in life and trying hard to find your footing. The woman for you will never leave you because you're broke. She'd only leave you because you're not making efforts to better your life or because you're not serious with your life. Focus on your growth. The right woman for you will stay.

I see a lot of young people struggling to keep a relationship they should let go. They think it's about money. She is rejecting you and treating you like trash and you keep giving her the small change that you're hustling hard to make, in order to impress her. No, brother. Don't do that shit. Never do that.



Let her go. Focus on your journey and your growth.  
One day, you will thank me for this advice.

The things that makes most people happy are:  
seeing you sad, seeing you struggle, knowing that  
your relationship isn't working just like theirs,  
knowing that your life is on a standstill like theirs,  
hearing that your partner is making your marriage a  
living hell just like theirs, knowing that you're  
struggling financially just like them.

Resist the temptation to show off your wins. Resist  
the temptation to celebrate your relationship and  
marriage on social media regularly. Resist the urge  
to share every good news to friends. There is so  
much sadness, bitterness and jealousy in this  
generation.

Learn to win in silence because some open  
Congratulations is jealousy in disguise.

There are women who don't need your money. They  
only need your time, loyalty and respect.

You can't be broke and be chasing a woman who's looking  
for a man that'll give her money. It is not her fault  
that she likes money. It's your fault that you are  
chasing a woman who's not attracted to what you  
have to offer. For a relationship to work, you have  
to offer what the other party is searching for. It has  
to be of mutual benefit. If this is not the case, it won't work

Understand this:

Most single women in their late 20s and early 30s  
are thinking of and worried about getting married.  
What they would define as love is a man who loves  
them and is ready to settle down with them.

Most men in their late 20s and early 30s are  
thinking about financial independence. What they  
would define as love is a woman who understands  
their predicament and sticks by them.

Knowing this by heart will help you understand why  
your relationship hasn't been working out and or the  
partner you should be dating.

Never ever tolerate someone to the point where

you're always sad. If the efforts is one-sided, please, quit. I don't think people really understand how short this life really is, and the need to live a stress-free life. I think people underestimate happiness and peace of mind.

Women want to marry you because you're: rich, famous, financially stable, hardworking, humble, a good listener, caring, you've got six packs, you've got broad shoulders, you're tall, etc.

They never really wonder: "Why would he want to marry me?" It's a stupid question, yeah! But why should your man marry you? Why not one of your friends? Why not other ladies? Why would he want to spend forever with you? Why are you so special? What stands you out? Women never really ask themselves these questions. And that's where the real problem lies. You cannot seriously hope to get married to a man and have a happy home and not know what men want.

You think it's because you're beautiful or sexy? You really think it's because of big nyansh? You're getting it all wrong.

The number one thing that men look out for in a woman is "understanding," followed closely by "faithfulness," "loyalty," "respect" and "support" – all of which culminates into one thing for the man — PEACE OF MIND.

A man first considers whether you understand him, whether you'll be faithful to him, whether you're loyal and supportive and respect him. All of these things constitutes love to a man.

It's okay for you to have a mental picture of the man you want to marry, but to fit into a own's picture, you have to understand what men also want.

One of the most ignorant things I hear women say is, "I can't change for any man. If he can't accept me the way I am, he should move" – especially when they say this in relation to a bad character trait of theirs that they're unwilling to change from. Get this into your head, sister. 90% of men will not accept you as you are. No matter how much a man loves you, he wants you to accept certain aspects of his life that you can't change. And he wants you to change certain aspects of your life for him.

This is the truth.

Remember what others say and do does not define you in any way, it is a perception of what they see and feel.

So don't take on their personal energy as if it's you, because it is not.

Speak up in a strong kind way if it feels like the right thing to do, or most often we simply walk away and wish them well from afar.

People who say really hurtful things are not worth your time and energy in the moment.

Your next chapter is going to cause some people to wish they had treated you better.

The relationship you have with yourself is the most important relationship you have in life.

It is the foundation for everything you do.

Fall in love with taking care of your mind, body, energy, and spirit.

You are precious cargo on this life journey.

Remember you are with you all the way to the end so become a trustworthy companion for yourself.

Don't ever let someone make you feel like you're crazy for wanting what you deserve.

A horny woman can lose her virginity,

A horny man can lose everything.

Fellas, learn to control your sexual urges. A man who has control of his sexual urges has solved more than half of his problems!

A man who isn't a slave to his sexual urges has solved 80% of his problems. He is a firm and dangerous man. He is a focused man.

REMAIN MYSTERIOUS, Let them call you stingy. No sex is worth throwing away your self respect and your money for. Focus.

A man who can control his sexual urges cannot be manipulated easily by women. His wealth shall multiply because he don't spend his money to please random women.

One of the reasons why no woman has loved you is because you think and act like a woman.

Let me explain this point so you can understand it. Have you heard women say: "if he doesn't love her, why doesn't he let her go." Or, "if he doesn't love me, why can't he let me go? Why does he keep calling me? Why does he view my WhatsApp statuses? Why does he react to my picture updates on Facebook with the love emoji ?"

Have you?

I know you probably have.

Women actually expect a man who doesn't treat them right to be the one to tell them, "I don't love you (anymore). Move on with your life and stop bugging me, before they get the memo."

Well, here are 5 solid reasons why a man who doesn't love you is unlikely to openly tell you to move on with your life:

1) He knows that you won't believe him. Women always attach emotional meanings to little gestures from the men they love. So even if he tells you off, you're unlikely to take him seriously. As long as he's kind to you, you'll naturally gravitate right back into his arms.

2) He will lose an option that is guaranteed to be available to him in the event that his main target hurts him or leaves him: Humans are selfish by nature. They will not fail to manipulate you for their selfish desires if you appear weak. Why will a man leave you knowing full well that you love him more than you love yourself and will do anything to please him even at your expense? Why will he give up free sex, free attention, even free money, just like that? Think about it. The exact same reason why women friend zone good men just in case their relationship with a bad guy does not work out, is the same reason why a man is unlikely to break off a relationship with a woman even if he doesn't love her.

3) Women love illusion more than reality: This

means that a woman is more likely to believe and accept a lie that makes her happy than the truth that hurts her feelings but has the propensity to resurrect her wisdom and sharpen her critical reasoning faculty. Most women cannot engage in a civil and healthy conversation with their partner about issues in their relationship without getting emotional. It is the reason why your boyfriend/husband cannot tell you about a co-worker who's making passes at him at his office. It is the reason why he can't discuss some of the silly fantasies in his head. He knows you will read deep meanings into it and take it to great extents and he would rather you don't do that for the sake of peace.

4) You're his bragging rights: Losing you will mean he doesn't have anyone to brag with to his crop of foolish friends.

5) He knows that you're a fool: only foolish people remain where they are treated with disdain, disrespect and dishonour.

While men are logical beings. Women are weird far more emotionally.

A man doesn't tell you he wants to leave an unhealthy relationship. A man leaves an unhealthy relationship.

A man doesn't think about all the good sex positions you gave him when you cheat on him. A man banishes all of those thoughts in distant memory and moves on with his life.

Is it funny that women expect men who serve no purpose in their lives to actually be the ones to initiate a breakup.

My point is, as a man, if you're more emotional than you're logical, you will not appeal to 90 percent of women, because no woman wants a man who acts like a woman for a life partner or a serious relationship.

You can't redeem a woman who is tied to her past. For redemption to take place, she must first accept that she has a psychological problem. Next, she must be committed to finding solutions to those problems. You can't solve a problem when the person involved isn't seeing it as a problem. A partner who tells you, "this is how I am" is not prepared for redemption. Their commitment is to their ego not change. Not you. Not the relationship or the marriage.

True love changes people in unpredictable ways. There is no redemption without self-awareness. You need to understand these basics so you don't waste your time on a ghost chase.

Never limit yourself to an option that has other options. You're either the only one. Alone. Or you're just catching a cruise. A person who claims to be in a relationship but has no problem sleeping with you will NEVER love you. And can never be FAITHFUL to you.

Never ever date or marry a person you're not sexually attracted to. Never marry someone you don't constantly feel the urge to have sex with. Do not marry a man that has never had an erection in your presence and attempted to touch you. Do not marry a woman who doesn't melt and get wet at the sight of you or when you're giving her some deep emotional lines.

Sexual connection and compatibility is one of the first things you must consider before marriage. If sex was not important in marriage, God would have simply created us without Homo-erectus, viviana and bobby, made us unattractive to one another and found a way for us to reproduce like plants.

A man is not a bad man because he wants to sleep with you. A man becomes a bad man only if sleeping with you is the only thing he wants and cannot restrain himself when your answer is NO. A man is a bad man because his desire for sex comes before your mental state of mind, your mood and your health.

People who automatically conclude that their partner is having sex with someone else, once their calls are not answered or returned within a specified period of time are not in love.

It is not jealousy.

They're not being protective.

They are sick.

If you feel this way about the person you dating, it is best you end the relationship now.

If you're dating someone like this, you'll never truly

be happy.

At the initial stages, you'll find their attitude cute. You may think it's love. But with time, you will find it irritating, and you'll tire out from condoning their excesses and trying to get them to trust you.

A relationship is not a rehab center. If you're having mental issues, please work on yourself. If you're having low self-esteem issues, please work on yourself.

Don't be the reason why someone is not happy in a relationship because of your many insecurities.

If you find that you are always checking your partner's phone, you're either jobless or you shouldn't be dating the person that you're dating. All my life, I have never checked any of my exes phones. You know why? No matter how hard you try, there are certain connections that your partner will have with some people that you'll never understand – and this does not mean that they're cheating on you. Focus on them and how they treat you. Stop searching for things that will hurt you and break your heart. It is witchcraft for you to expect that you're the only person that should make your partner happy in this life.

The only reason why your partner will travel for few days and you will be suspecting that they're cheating is because you're a cheat or your partner is a cheat. Either ways, something is wrong with the both of you. If you know that your partner is a cheat, why are you holding onto them? You're the one who has a problem.

You're the one who's sick in the head. It's only a person with some kind of mental and psychological disorder that keeps complaining about something they can easily be avoided. You can't keep complaining that you don't like something and remain with the person who does the exact same things you hate. That's madness.

If one woman is not enough for you, one hundred women will not be enough for you. Solomon had 300 wives and 700 concubines yet he wanted Queen Sheba. The problem is not your woman. The problem is you. You can look for a thousand and

one reasons to justify your philandering ways, but the truth is that you're sick and you need help. The primary essence of a relationship is not sex. It is companionship.

Being with a person who completes you; with whom you can be vulnerable, open about your feelings, share your dreams, aspirations and pains, get encouragement and support...that's a proper relationship and the essence of being married. It is an error for sex to be the primary attraction.

There are 24 hours in a day. Let's say you spend 3 hours having sex – based on say you no get work – which is highly unlikely – what will you spend the remaining 21 hours? Dating or being married to a person who you can't talk with and play with is one of the most foolish mistakes you can make in your short time on earth.

You are the most important person in your life, so be yourself.

You are uniquely beautiful in your way and that's more than enough for the people who love you.

Even when you feel unlovable, everything will be alright as long as you believe in yourself.

Remember that you are good enough the way you are and a hero(ine) to every one who truly believes in you.

Never lose hope to the stressful forces of the universe for you are born to win!

Sad people never want to see you happy. Sad people are always among your circle of friends. The sad one is the one who doesn't celebrate your small wins.

They are the one who tell you you were just lucky to have achieved something big.

They are the one who belittle your dreams.

They're the one who's quick to ask what's happening in your life, even if they will never proffer solutions to your challenges or lift a hand to help you.

They may laugh the loudest and smile the longest but they don't mean well for you.



They are the one who don't react on your social media posts.

They are the one will be the first to beg you for money when e bi like say coast don dey clear for you.

Be careful not to reveal your plans and the good things happening in your life to the sad people around you and among your circle.

Every woman deserves a good life. If you can't give her a good life, abeg shift make she see road. Free her if she wants to leave. No woman is obligated to remain with a stunted man. Don't try to stop her. Don't blackmail her with pity stories. Don't go behind her back and spread malicious lies and falsehood to tarnish her image, because she has left or wants to leave you. Good men don't do that. Liberate her and let a good man take good care of her.

You don't suspend your life to find love. Love finds you when you're living your best life. Never ever beg anyone to love you or to remain with you against their will. You'll never miss your partner if you understand how this life works.

## Easy ways to know that you're in a relationship with yourself.

- i) if your partner doesn't call you for at least 5 times in a day when they know that you are sick.
- ii) if they are quick to forget the things you tell them about yourself.
- iii) if they can't sacrifice anything for you.
- iv) if they are not making any attempts to do things that will please you.

One of the worst mistakes that a man can make is to marry a woman just because she is ready for

marriage. A woman who is with you for marriage doesn't need you. She needs marriage. You're not an end but a means to an end. 9 out of 10, the marriage will not work out well.

A woman must be comfortable living her best life with you, without hiding certain aspects of herself, or pretending to be whom she's not, just because she wants you to see her as the perfect wife material. This is the only way to find a good woman.

As a young man who's trying to find his footing in life, your greatest priority must be yourself and your dreams. Avoid women who burden you with unnecessary financial demands if you want to grow. You will not make headway in life if you can't save money because of the woman you're dating. If you're a salary earner, and you feel the need to do mobile data subscription for your woman, make sure it is once in a month, if she exhausts it before 30 days, let her use her own money to subscribe her data. Your salary should be budgeted. All of it shouldn't go into servicing a woman's insatiable wants unless you're a fool.

Be successful for yourself too. Not just to prove. Some people are wrong. At the end of the day, after everyone has been proved wrong, emptiness may be yours if you dwell so much trying to 'show them' that you can. Do it because you can and because you deserve goodness too.

The minute you decide you want better for yourself is the minute the entire universe begins to shift in your favour. Your declarations, intentions, commands, visions and prayers begin the creation of new reality.

All you have to do today is decide and never look back! If you are ever tempted to look back... remember Lot's wife!!

Remember that you do not attract what you want, you attract who you are. So focus on love. Focus on happiness. Focus on feeling fulfilled and like you already have everything you've ever wanted. Focus on gratitude. You are a powerful source of

energy. When you do this, you will get what you want because you are in alignment and focusing on all you have instead of lack.

Just know you have everything you have ever wanted. It's already yours.

Before you complain about a cheating partner, ensure you're a faithful partner. The hypocrisy in this generation is too much. People complain about the exact same things they do in secret, and claim they don't want it done to them. If being cheated on hurts your emotions, why are you cheating on your partner?

You can't rationalise cheating by saying you're cheating because your partner is a perpetual cheat. That is lame. The choices you make in life are a reflection of who you really are. There are women who would rather hawk in the streets than sell their bodies. And there are men who would rather do all kinds of manual labour jobs to keep body and soul together than to go into cybercrime.

A person who cheats because their partner cheats is inherently a cheat. Who you are should have everything to do with yourself and absolutely nothing to do with other people and how they treat you. If the relationship or marriage isn't working as you'd like and things can't be changed, end it. Your the umbilical cord wasn't tied to anyone's at birth. The most confused people on earth are those who complain about cheating in a relationship, only to remain in the same relationship and cheat as well. Is that what you intend to keep doing for the rest of your life? Is that the stress and emotional trauma you want to endure forever? You know you're lying to yourself. You know deep down that you're not happy. Sex does not fill the void that lack of genuine love, affection and trust leaves. You know that deep down in your heart.

Quit the relationship if you're not sexually compatible. You can't claim to love Mr. A, be planning to spend the rest of your life with him, and be sleeping with Mr. B, who satisfies your sexual desires. It is selfish, cruel and wicked.

The downside of cheating is that, even if you're never caught, you'll find it difficult to grow together as a couple in marriage, because your eyes are

always outside, looking for things your partner cannot provide.

A person who cheats on you does not love you. What many of you call love in this generation is nothing short of lust.

There's a thin line between ambition and greed. A person who is ambitious wants a change of levels, they want a better life, but not at the expense of their peace.

Ambitious people understand the concept of contentment. Ambitious people are grateful for where they are, in their quest for more. Ambitious people have reasons why they want to be where they want to be. The case is entirely different with greedy people. Greedy people are never content. Their desire for more is fueled by their obsession with showing off and competing and not to effect any real positive changes. Greedy people typically think they're smarter and wiser than everyone.

A greedy person is also a foolish person who thinks they are using everyone who is generous to them and who lives an honest and upright life. Greedy people see your generosity towards them as a weakness that they must exploit. Greedy people want to acquire and keep acquiring and when they die, they leave all they've laboured hard for to strangers to enjoy.

You need to understand this life. It is short. So short. One moment you're here, buzzing with life and the next moment you can't tell. Always be true to yourself and your conscience. Define your priorities. Know the things that are important in this life and the things that are not. It's a fickle life.

## 12 things couples must do to enjoy a happy relationship:

1. Listen.
2. Put yourself in their shoes.
3. Take responsibility for actions that hurt your significant others.
4. Work on yourself.
5. Create room for healthy conversations.

6. Be quick to apologise
7. Be quick to forgive.
8. Always speak out your mind and express how you feel.
9. Be slow to anger and to conclude things, especially when you don't have proof, and don't say words you don't mean in the heat of the moment.
10. If an action of yours hurts your partner, don't make excuses for them. Stop doing it.
11. Never keep malice.
12. Always listen.

## LESSON ON MONEY

If you're knowledgeable, vast and can solve problems, even when people do not like you, the search for solutions will drive them to you.

Making good money then comes down to how well or not you're able to package the value you provide and monetize your time.

Just know this though: if you don't place value on yourself and premium on your time, all you'll ever be in this life is an errand person and a dependant.

There is no single person you can't survive without, if you come to terms with the power you possess.

The disrespect you've been getting from people who should be respecting you is down to the fact that you're too reachable, too accessible and too cheap.

Here are a few facts you need to know about money:

- i) nobody owns money. It's the reason why nobody's name is written on it.
- ii) nobody will give you good money that can change your life on a silver platter. You have to devise a strategy to take money from people and make it yours.
- iii) Never share your business secrets with anyone. Every single person who will succeed in this life, will eventually find 'their way.'
- iv) Disabuse your mind of the religious belief that Poverty is normal. If you're attending a church that normalises poverty, please leave that church as soon as possible so that you can experience financial growth and prosperity. It is actually unscriptural for you to be 'poor.'
- v) Proverbs 22 verse 7 says: "The rich rule over the

poor, and the borrower is servant to the lender."

Scripture didn't say, "the love of money is the root of evil." As a matter of fact, such a verse does not exist in the whole of scripture.

This is what scripture says in 1 Timothy 6:10:

"For the love of money is the root of all kinds of evil.

Some people, eager for money, have wandered from the faith and pierced themselves with many griefs."

The above verse is so often misquoted that it is almost laughable. Money is not evil. The love of it is. Having a million in your bank account doesn't mean that you love it. Having N5 in your account doesn't prove that you don't.

For example, Warren Buffett has billions in his accounts, but he is giving almost all of it away to benefit the lives of others. On the other hand I have heard stories of people getting killed over a matter of N20. It is a matter of the heart that only God can judge. If money was the root of all evils, your religious leaders will not make daily emphasis on payment of tithes and financial contributions to ministry. They won't acquire property and private jets at the expense of the poor in their church.

vi) If you're given an item to sell for N50k and you can sell that same item for 5m, the only money you owe the owner is their 50k, unless you want to be benevolent. This is not cheating. It is business.

Once an owner has entrusted you with their item to sell, they temporarily no longer have authority over that item. In property law, it is called right of possession. This is why if the item gets missing or damaged or spoiled in your custody, you're liable to pay for it or fix it.

Of all forms of poverty, the worst is poverty of the mind. Until there is a mindset shift, you will forever be poor.

Philippians 4:19 says:

"And my God will meet all your needs according to his glorious riches in Christ Jesus."

Simple interpretation: if our God is rich, why should we who are his children and created in His image and likeness be poor?

Last but not least, business and pleasure must never mix. Never ever bring your emotions into business. Never! The results are often devastating. You may understand these things better as you grow older and experience life.

Here's the thing about cheating in a relationship that most people don't know.

You don't need to have sex with someone other than your spouse to be guilty of cheating.

If there is a single message on your chats that you don't want your partner to see, you're a cheat.

People who have their chats locked from their partners are mostly cheats.

People who have a problem explaining the nature of their relationship with a person their partner is not comfortable with are cheats. People who don't like being questioned about their relationship with other people are cheats.

If you're in a relationship and seeing other men/women in hope of starting a new relationship, you're a cheat. You don't have to be having sex to qualify as a cheat. No, you don't. Own it and chest it.

You're a cheat.

Let people date who they want to date. Genuine love changes everyone. It is not your call to decide whom a person should date or not, no matter how much you love them. Don't be the reason why a potentially destiny-changing union breaks down. It is self-deceit to call yourself a Christian and be acting like someone practising witchcraft. Not everyone will see the negativity you see in the people you don't like.

There is one thing God will NEVER do for you.

He will not make a choice for you.

God has never made a choice for any man.

Read through the scriptures and if you have proof to the contrary.

If you're in a relationship that wouldn't work, for instance.

You will know through the things you'll see with your eyes.

It would be so glaring.

Because God will expose them in their realest form.

And leave you to decide.

If you decide to remain in the relationship.

God will respect your choice.

And you'll bear the consequences of your choice.

What you need to know is that God can never be

the author of confusion.  
While it is not his wish for you to be unhappy.  
He can't help you if you choose to remain where  
you are always sad and made worthless.  
There are never instances where God can be  
helpless over your matter.

The best revenge is to be successful. To put the  
ugly past behind you and to never look back. If  
you don't want to keep hurting, let bygones be  
bygones. And never let those who left you while  
you were struggling back into your life.  
Don't let your struggles and pain keep you down.  
And don't bother about showing off your small  
wins and happy moments. When you become  
truly successful and arrive at a place of stability,  
they'll take notice.

Always remind yourself of how old you are. I know  
it sounds crazy but it would help you step up. Tell  
yourself, "I will be 27, 30, 32, 34, 40 o. How far my  
life?" Most people grow old but they never step up.  
They don't step up because they don't understand  
that each new year heralds a new era, spiritually,  
mentally, physically and psychologically. And that's  
a terrible thing, because if you don't understand  
these things, life will leave you behind. Stepping up  
is a mental stuff.

It's a point of self-awareness. It's coming to the  
realisation that, "Meh, I am growing older o" and  
my mentality has to change.

Stepping up involves cutting off negative people,  
being conscious of who you let into your circle,  
surrounding yourself with people who add value and  
colour to your life.

Stepping up could mean a reassessment of your  
relationship. You have been dating that person for 5  
years...how have they improved you and where is it  
leading to?

You need to ask questions and find the right  
answers. Stepping up is a necessity because while  
AGING IS COMPULSORY , MATURITY IS OPTIONAL  
and there's no time.



